

Tell us your ideas

This project is very much in its infancy and in order for it to expand we would love to hear your ideas. Please answer as many questions below as possible and return to: CAVS, The Tyrells Centre, 39 Seamore Ave, Thundersley, Essex, SS7 4EX.

Do you think it is a good idea to have a project such as this to bring the generations together?

Yes No

Do you have a skill or flair for something in particular which you think someone of a different generation would like to learn?

.....
.....

What might you like to learn from someone of a different generation?

.....
.....

Please turn over

More information

Uniting the Ages is organised by Castle Point Association of Voluntary Services (CAVS).

If you would like more information about Uniting the Ages please telephone Michaela White on 01268 638416 or email michaela.white@cavscastlepoint.org.uk.

Castle Point Association of Voluntary Services

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Uniting the Ages

A programme of community projects helping to bridge the gap between older people and young people in Castle Point.



How did it start?

The need for a project such as this was highlighted at the Castle Point Local Strategic Partnership Assembly in January 2007. Further discussions with other voluntary organisations and statutory bodies indicated there is very little work being undertaken in the Castle Point area aimed at bringing the generations together.

What are the aims of the project?

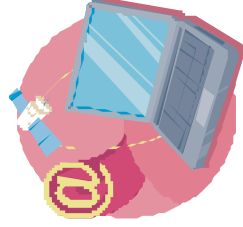
'Uniting the Ages' aims to bring teenagers and the over 60s together through the exchange of skills. This project hopes to make a difference to people living in Castle Point by facilitating a greater understanding between the generations, increased knowledge, mental stimulation and physical activity plus improved quality of life by enabling a positive contribution to be made by all participants.

What schemes have been offered so far?

In partnership with Castle View and Cornelius Vermuyden Schools on Canvey Island we have been able to offer young people the chance to learn some basic ballroom & latin dances in time for their school prom.



Pupils from these schools have also spent time showing older people some basic computer skills including mouse control, writing a letter, using the internet & sending emails.



What other schemes are planned?

CAVS will be evaluating the responses to the questions and looking at your suggestions in order to plan for the future. We also hope to expand the number organisations/schools we work with in the coming months.

Get Involved

Below are some of the possible volunteering opportunities suggested so far as part of this project. Please indicate if you would like to get involved.

Volunteering opportunities for the over 60's.

- Allotment buddy
- Simple traditional cooking
- Simple ballroom dancing

Volunteering opportunities for young people.

- Basic Computer Skills tutor
- Mobile phone - text team
- Digital photography tutor

Thank you for your ideas. If you have indicated you would like to become involved please complete your contact details:

Name:.....

Telephone:.....

Email:.....